WHAT IS CLAIMED IS:

- 1. An antiviral polynucleotide ligand composition.
- 2. The polynucleotide ligand of Claim 1, wherein said ligand binds to a virus 5 envelope.
 - 3. The polynucleotide ligand of Claim 1, wherein said ligand binds to a virus capsid.
- 10 4. The polynucleotide ligand of Claim 1, wherein said ligand is an RNA polynucleotide.
 - 5. The polynucleotide ligand of Claim 4, wherein said RNA is RNAse resistant.
 - 6. The polynucleotide ligand of Claim 5, wherein said RNA comprises 2-amino pyrimidines.
 - 7. The polynucleotide ligand of Claim 1, wherein said polynucleotide binds to human cytomegalovirus and inhibits virus infection.
 - 8. The polynucleotide ligand of Claim 7, wherein said polynucleotide comprises the sequence set forth in any of SEQ ID NO:1 to SEQ ID NO:28, or SEQ ID NO:36 to SEQ ID NO:41.
 - 9. The polynucleotide ligand of Claim 8, wherein said ligand comprises the sequence set forth in SEQ ID NO:2.
 - 10. The polynucleotide ligand of Claim 8, wherein said ligand comprises the sequence set forth in SEQ ID NO:12.
 - 11. The polynucleotide ligand of Claim 8, wherein said ligand comprises the sequence set forth in SEQ ID NO:36.

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- 12. The polynucleotide ligand composition of Claim 1, further comprising a pharmaceutically acceptable carrier.
- 13. The polynucleotide ligand composition of Claim 12, wherein said polynucleotide ligands comprises two or more distinct sequences.
 - 14. The polynucleotide ligand composition of Claim 13, wherein said ligands comprising distinct sequences bind to different epitopes of the virus.
 - 15. A method of treating viral infection, the method comprising: administering a dose of an antiviral polynucleotide composition at a dose sufficient to decrease said viral infection.
 - 16. The method of Claim 15, wherein said antiviral polynucleotide blocks viral entry into a cell.
 - 17. The method of Claim 16, wherein said ligand is an RNA polynucleotide.
 - 18. The method of Claim 17, wherein said RNA is RNAse resistant.
 - 19. The method of Claim 18, wherein said RNA comprises 2-amino pyrimidine nucleotides.
- 25 20. The method of Claim 15, wherein said virus is human cytomegalovirus.
 - 21. The method of Claim 15, wherein said polynucleotide comprises the sequence set forth in any of SEQ ID NO:1 to SEQ ID NO:28, or SEQ ID NO:36 to SEQ ID NO:41.
- 30 22. The method of Claim 20, wherein said ligand comprises the sequence set forth in SEQ ID NO:2.

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- 23. The method of Claim 20, wherein said ligand comprises the sequence set forth in SEQ ID NO:12.
- 24. The method of Claim 20, wherein said ligand comprises the sequence set 5 forth in SEQ ID NO:36.
 - 25. The method of Claim 15, wherein said polynucleotide ligands comprises two or more distinct sequences.
 - 26. The method of Claim 23, wherein said ligands comprising distinct sequences bind to different epitopes of the virus.
 - 27. A method of selecting a polynucleotide ligand having antiviral activity, the method comprising:
 - (a) contacting a viral target with a pool of randomized polynucleotides;
 - (b) partitioning polynucleotides bound to said viral target from unbound polynucleotides;
 - (c) amplifying said polynucleotides bound to said viral target;
 - (d) repeating steps (a) to (c).
 - 28. The method according to Claim 27, wherein said viral target is an intact infectious virus.
- 29. The method of Claim 27, wherein said partitioning comprising the steps of contacting said polynucleotides with a porous filter.
 - 30. The method of Claim 29, wherein said porous filter has a pore size of from 10 to 100 nm.
- 30 31. The method of Claim 30, wherein said pore size is about 50 nm.

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32. The method of Claim 27, further comprising treating said polynucleotides bound to said viral target with a protease following said partitioning step.